

**SB1176
Wet Reckless**

12 hrs Alcohol Education

- Legal Issues
- Alcoholism as a Disease
- Historical Issues
- Effects of Alcohol
- Medical Issues
- Treatment & Alternatives

**AB 541
3 Month program**

12 hrs Alcohol Education

- Legal Issues
- Alcoholism as a Disease
- Historical Issues
- Effects of Alcohol
- Medical Issues
- Treatment & Alternatives

18 hrs. Group Counseling sessions

- Alcohol/Drugs & the Family
- Denial in Alcohol/Drug Abuse
- Social/Excessive Drinking Behavior
- Adult Children of Alcoholics
- A.A. and Other self help groups
- Responsible Behavior
- Am I an Alcoholic?
- My Life without alcohol
- Stress/Prevention – Reduction

2 hrs. of Face-to-Face Interviews

APPROX. 32 HRS.

6 Self help (AA) meetings

THIS IS A GENERAL GUIDELINE
OF REQUIREMENTS FOR THE STATE
OF CALIFORNIA FOR FIRST
OFFENDER DUI PROGRAMS

AB 762
6 Month program

12 hrs Alcohol Education

- Legal Issues
- Alcoholism as a Disease
- Historical Issues
- Effects of Alcohol
- Medical Issues
- Treatment & Alternatives

26 hrs. Group Counseling sessions

- Alcohol/Drugs & the Family
- Denial in Alcohol/Drug Abuse
- Social/Excessive Drinking Behavior
- Adult Children of Alcoholics
- A.A. and Other self help groups
- Responsible Behavior
- Am I an Alcoholic?
- My Life without alcohol
- Stress/Prevention – Reduction

3 hrs. of Face-to-Face Interviews

APPROX. 41 HRS.

13 Self help (AA) meetings

AB 1353
9 Month program

12 hrs Alcohol Education

- Legal Issues
- Alcoholism as a Disease
- Historical Issues
- Effects of Alcohol
- Medical Issues
- Treatment & Alternatives

45 hrs. Group Counseling sessions

- Alcohol/Drugs & the Family
- Denial in Alcohol/Drug Abuse
- Social/Excessive Drinking Behavior
- Adult Children of Alcoholics
- A.A. and Other self help groups
- Responsible Behavior
- Am I an Alcoholic?
- My Life without alcohol
- Stress/Prevention – Reduction

4 hrs. of Face-to-Face Interviews

APPROX. 61 HRS.

19 Self help (AA) meetings

**SB- 38 (Second Offense)
(18-month program)**

12 Hrs. of Alcohol Education

- Legal Issues
- Alcoholism as a disease
- Historical issues
- Effects of alcohol
- Medical issues
- Treatment & alternatives

**52 Hrs. of Group Counseling
Sessions**

- Introduction to group counseling
- Alcohol/drugs in the family
- Social/excessive drinking behavior
- Adult children of alcoholics
- A.A. and other self help groups
- Stress/prevention reduction
- Am I an alcoholic?
- My life without alcohol
- Responsible behavior
- Denial in alcohol/drug abuse
- Alternatives to substance abuse
- The social context of drug use
- Emotional growth and interpersonal relationships
- Values, stress and goals
- Development of problem solving techniques
- Physical identity
- Self-image and emotional effects
- Marriage & family situations
- Community resources
- Mental illness
- Theories of human behavior
- Nutrition cycle
- Alcohol advertising and the media
- Legal concepts
- Rituals in society/acceptance
- Personal inventor and plan of action.

7.5 hrs. of Face-to-Face Interviews

26 Self help (AA) Meetings

6 Hrs. of Re-Entry Program Services

**SB-1365 (Subsequent Offense)
(30-month program)**

PHASE I (13 weeks)

- Intake interview
- Face to face interviews (1 weekly)
- Alcohol education (12 hrs)
- Group sessions (10.5 hrs)
- Compendium of evidence
- Volunteer service

PHASE II (13 weeks)

- Face to face interviews (1 weekly)
- Group sessions (19.5 hrs)
- Compendium of evidence
- Volunteer service

PHASE III (26 weeks)

- Face to face interviews (1 biweekly)
- Group sessions (39 hrs)
- Compendium of evidence
- Volunteer service

PHASE IV (26 weeks)

- Face to face interviews (1 biweekly)
- Group sessions (19.5 hrs)
- Compendium of evidence
- Volunteer service

PHASE V (52 weeks)

- Face to face interviews (1 biweekly)
- Group sessions (78 hrs)
- Compendium of evidence
- Volunteer service

130 Self help (AA) meetings